



the Yogurt Bible

Making delicious yogurt at home is surprisingly easy and satisfying and this book offers a dairy case full of recipes for making nearly 25 stand-alone yogurts, as well as recipes that feature yogurt as a key ingredient. You will love making and tasting these rich and pure flavors in yogurts that contain nothing except the fresh milk and other whole ingredients you combined to make them.



200 recipes provide delicious ways to incorporate the health benefits of yogurt into your diet, from stand-alone recipes to dishes rich with international flavors

By the same author



PAT CROCKER is a culinary herbalist and professional home economist. She has written, demonstrated and lectured about herbs and health issues for more than 25 years. An international award-winning cookbook author, Pat has seven cookbooks and three herb books to her credit.

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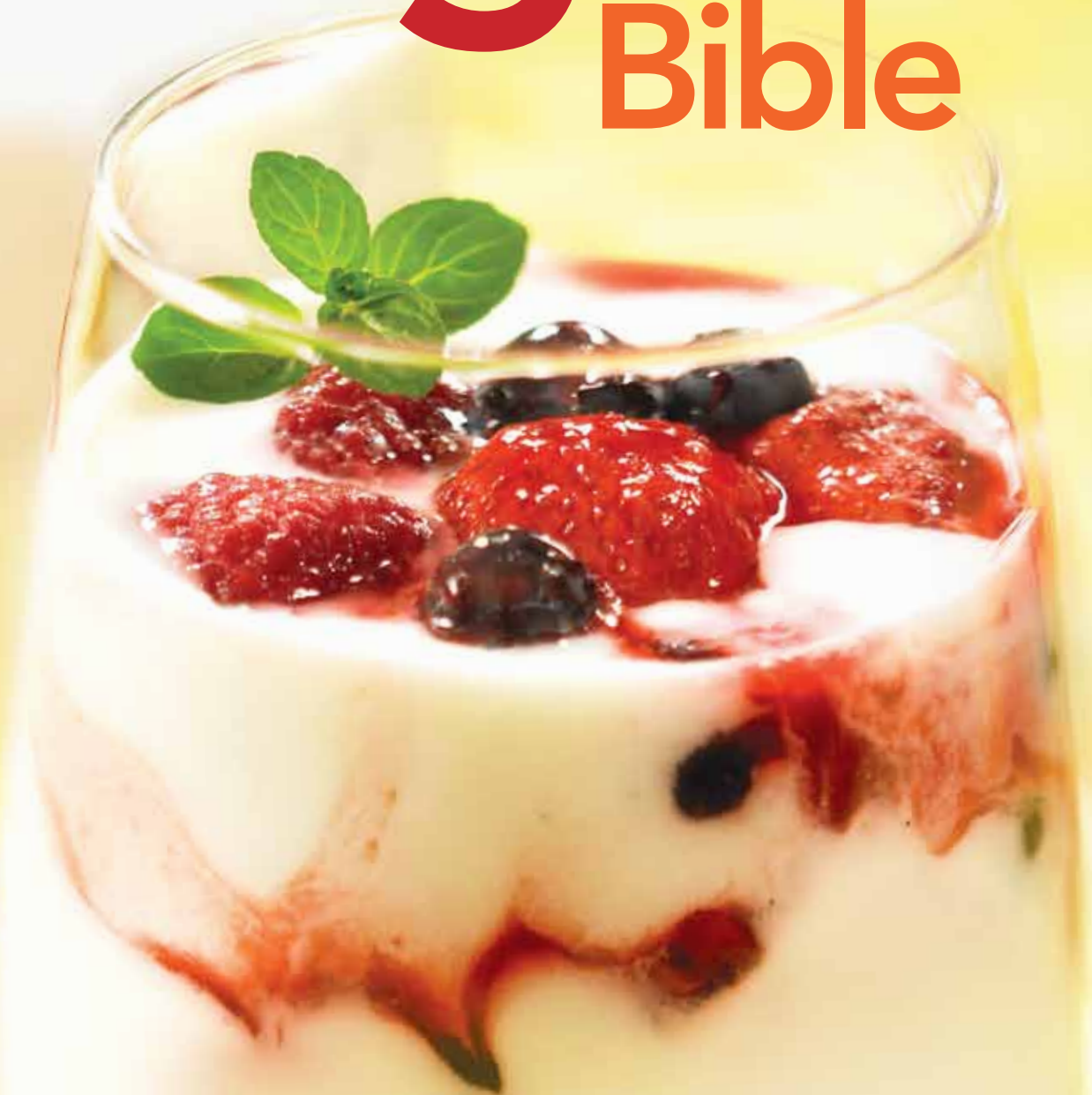
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