



# Canada's Pregnancy Care book

While pregnancy can be one of the most exciting times in a woman's life, it can also be one of the most confusing and challenging because of all the different information available. This wonderfully balanced, practical and straight-talking guide provides information on everything related to pregnancy, from pre-conception and birth to the care of your newborn.

Written by leading obstetricians in a friendly, easy-to-understand style, this book addresses every question or concern you might have. You can choose to read it from cover to cover or simply follow the course of your pregnancy from trimester to trimester. Either way, you'll get all the information you need to prepare for the safe delivery of your baby.

**Dr. Michèle Farrugia**, MD, FRCS(C), is a staff obstetrician and gynecologist at Mount Sinai Hospital, as well as an Assistant Professor at the University of Toronto.

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**MOUNT SINAI HOSPITAL** is an internationally recognized, 472-bed acute care academic health sciences centre affiliated with the University of Toronto. It is known for excellence in the provision of compassionate patient care, innovative education, and leading-edge research. Mount Sinai's Centres of Excellence include the Lawrence and Frances Bloomberg Centre for Women's and Infants' Health; Christopher Sharp Centre for Surgery & Oncology; Acute and Chronic Medicine; Laboratory Medicine and Infection Control, and the Samuel Lunenfeld Research Institute. For more information about Mount Sinai Hospital, please visit us online at [www.mtsinai.ca](http://www.mtsinai.ca).



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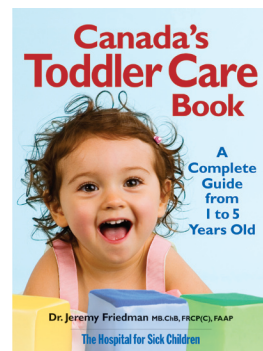
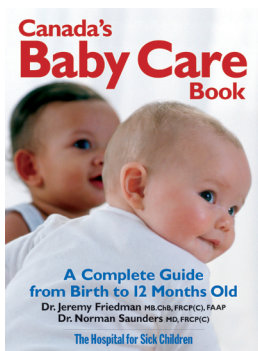
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**MOUNT SINAI HOSPITAL**

Essential reading and expertise for anyone who is thinking about becoming pregnant or is already expecting

- Features a personal pregnancy diary
- **Did You Know** sections and **Frequently Asked Questions** are included throughout the book
- Hundreds of color photographs of real-life pregnant women and their babies bring the text to life

Look for these other parenting books from Robert Rose



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