

Everyone living with Parkinson's needs to read this book...every page is easy to understand and hits all the issues/concerns we're talking about today.

— **CAROL J. WALTON**
President & CEO,
The Parkinson Alliance

AN ESSENTIAL GUIDE FOR PARKINSON'S DISEASE PATIENTS AND CAREGIVERS

Living with Parkinson's Disease is a critical resource for patients and their families. In a friendly and easy-to-understand way, this book addresses Parkinson's-related issues and symptoms along with emerging therapies. Ultimately, it offers patients and caregivers the necessary tools to manage this disease and still find joy and fulfillment in their lives.

Parkinson's disease is a progressive disorder of the nervous system, affecting movement. Worldwide, there are more than 10 million people living with Parkinson's. In *Living with Parkinson's Disease*, leading experts share up-to-date knowledge and describe the various medicinal and therapeutic approaches available today.

TOPICS INCLUDE:

- Knowing whether you have Parkinson's disease
- Symptoms
- Getting the diagnosis right
- Exercise and rehabilitation therapy
- Medications
- Surgical therapies
- Nutrition and the microbiome
- Neuropsychiatric symptoms and treatments

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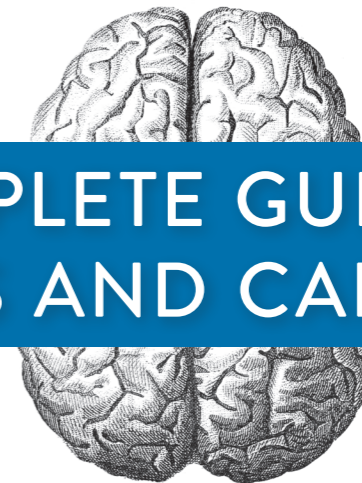
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LIVING WITH PARKINSON'S DISEASE

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Living with Parkinson's Disease



A COMPLETE GUIDE FOR
PATIENTS AND CAREGIVERS

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