

Help for Eating Disorders

A Parent's Guide to Symptoms, Causes & Treatments

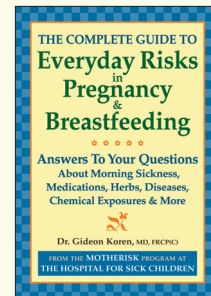
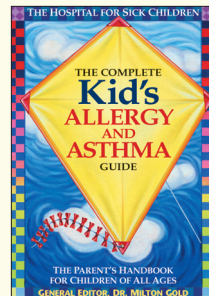
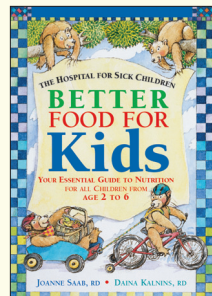
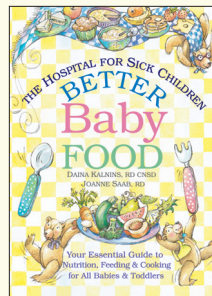
For parents, the experience of having a child or adolescent with an eating disorder can be extremely disturbing and challenging. Anorexia nervosa, bulimia nervosa, and binge eating are potentially life-threatening disorders and their incidence is increasing. Often parents feel helpless in trying to find a way to help their child.

This book provides parents with clear information on how to identify the signs and symptoms of an eating disorder, what effective treatments can be used, and how concerned families, friends, and community members can assist with your child's recovery. Along with sound medical information, the authors also offer comfort, support and advice during the process of diagnosis and treatment. This book, combined with a parent's patience and perseverance, can help win the battle against an eating disorder.

- **An indispensable, easy-to-understand guide to eating disorders**
- **Case studies help bring to life specific eating disorders, behaviors and attitudes**
- **Practical worksheets, exercises, and checklists help your child's recovery**

DR. DEBRA K. KATZMAN, MD, FRCP(C) is the Medical Director and **DR. LEORA PINHAS**, MD, FRCP(C) is the Psychiatric Director of The Eating Disorders Program at The Hospital for Sick Children.

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Robert
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Dr. Debra K. Katzman, MD, FRCP(C)
& Dr. Leora Pinhas, MD, FRCP(C)

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From The Eating Disorders Program at
THE HOSPITAL FOR SICK CHILDREN

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Causes & Treatments

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& Dr. Leora Pinhas, MD, FRCP(C)