



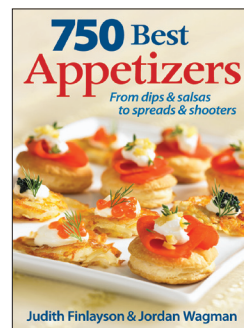
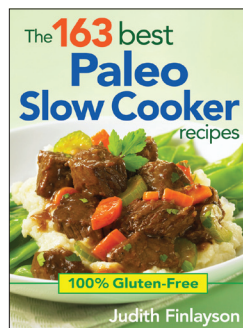
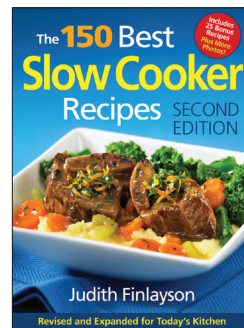
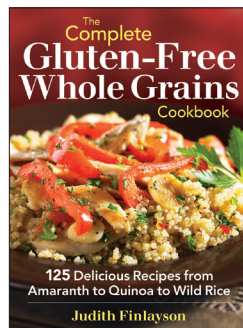
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SECOND EDITION

If you believe that food has the power to prevent, and possibly even cure, many illnesses, this is the book for you. These delicious recipes, which run the gamut from breakfast to dessert, focus on being nutrient dense. Moreover, all are accompanied by in-depth information on diet and health that captures exciting new developments in the field of nutrition. And, because they are made in the slow cooker, they enable you to get the most out of your diet without ever sacrificing convenience.

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JUDITH FINLAYSON is a bestselling author whose lifelong love of food and passion for cooking has translated into sales of over 1 million cookbooks. Visit her at judithfinlayson.com.

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THE Healthy Slow Cooker SECOND EDITION

Robert ROSE

THE Healthy Slow Cooker

SECOND EDITION



135 Gluten-Free Recipes for Health and Wellness

Judith Finlayson