



The Endometriosis Health & Diet Program

Get Your Life Back

Just because you've been diagnosed with endometriosis, it doesn't mean your situation is hopeless — there's a lot you can do to find relief, start the healing process and get your life back. Empowerment comes from knowing all the facts, becoming educated and actively participating in making healthy diet and lifestyle choices. This book offers an individualized healing program that will augment and potentially improve any treatment, including surgery, that your physician recommends. In an easily accessible manner, Andrew and Danielle provide the most up-to-date, scientifically based, comprehensive information on holistic treatment of endometriosis available today, so you can regain your health and decrease your pain.



\$24.95 USA
\$24.95 CAN

Robert ROSE



PRINTED IN CANADA

Visit us at www.robertrose.ca

Endometriosis is a real medical condition that causes real pain and health issues for millions of women. It's not in your head, and there are effective treatments available.

DR. ANDREW S. COOK, MD, FACOG, is the founder and director of the Vital Health Institute. He is an internationally renowned endometriosis specialist, pelvic pain specialist and women's health expert, as well as a highly respected gynecologic surgeon and a leader in minimally invasive surgical techniques. He has devoted his life to helping women with complex health problems.

DANIELLE COOK, MS, RD, CDE, is the Director of Integrative Medicine at the Vital Health Institute. Danielle has a master's degree in nutrition and food science and specializes in functional medicine. She is a published author of books, journal articles and continuing education courses.

Dr. Andrew S. Cook, MD, FACOG
Danielle Cook, MS, RD, CDE

The Endometriosis Health & Diet Program

Robert ROSE

The Endometriosis Health & Diet Program

Get Your Life Back

Includes
100
Recipes



Dr. Andrew S. Cook, MD, FACOG
Author of *Stop Endometriosis and Pelvic Pain*
Danielle Cook, MS, RD, CDE