



Vegan Food You Actually Want to Eat

Who says you have to give up your insatiable need for comfort food just because you want to eat better for yourself, animals and the planet? Enter: The Edgy Veg, the YouTube sensation (with over 250,000+ subscribers and counting) created by the hilarious Candice Hutchings and her husband, James Aita, who are on a journey to revolutionize vegan food as we know it.

Tired of a traditional plant-based diet that just felt frankly #sad, Candice started veganizing childhood cravings, fast-food faves and food-nerd obsessions. Think more UnOrthodox Lox and Cream Cheese Bagels, Cobb Your Enthusiasm Salad, Buffalo Cauliflower Wings 7 Ways, Easy Cheesy Fondue, Chick-Fillet Deluxe and Thank You Very Matcha Ice Cream than zucchini noodles, hummus, smoothie bowls and #cleaneating (fear not, there is a token kale salad). No food is off limits and everything in the book has received their signature carnivore stamp of approval.

With 138 recipes that take vegan cooking to the next level, tips and tricks for eating like an Edgy Veg, and more dad jokes than you can count, say hello to a vegan cookbook that you — and your tastebuds — can feel good about. It's time to put down that spiralizer and get ready to have your cake, burger and fries, and eat them too!



9 780778 805816

\$27.95 US / \$32.95 CA
Printed in Canada

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