

THIRD EDITION

CROHN'S & COLITIS

Understanding & Managing IBD

Living with inflammatory bowel disease can be challenging, especially since there are no instant cures. This updated edition from one of the most respected and authoritative experts on Crohn's disease and ulcerative colitis shows patients that Crohn's and colitis can be effectively and safely managed with medications, surgery, and diet. The key to developing these management strategies is to first understand IBD.

This book has been written to provide patients, families, friends, and health-care professionals with clear, current, and practical information on possible causes of IBD and treatments. With an easy-to-understand approach, charts, case studies, and answers to frequently asked questions, Dr. Steinhart aims to help patients living with IBD improve their health and well-being in a way that is both compassionate and accessible.



With detailed answers to the following questions:

- What is IBD?
- How do I know if I have IBD?
- What can I expect after diagnosis?
- What caused the disease?
- What are some dietary strategies?
- What are the drug therapy options?
- How can I get psychological support?
- Are there surgical treatments?
- What are treatment options for children?

\$24.95 USA
\$24.95 CAN

**Robert
ROSE**



PRINTED IN CANADA

Visit us at www.robertrose.ca

Dr. A. Hillary Steinhart
MD, MSc, FRCPC(C)

CROHN'S & COLITIS
THIRD EDITION

**Robert
ROSE**

THIRD EDITION

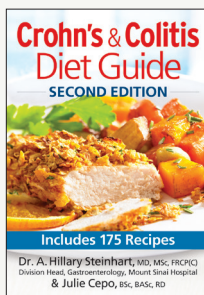
CROHN'S & COLITIS

Understanding & Managing IBD

Dr. A. Hillary Steinhart
MD, MSc, FRCPC(C)

*Medical Director, Mount Sinai Hospital,
Inflammatory Bowel Disease Centre*

ALSO BY THE
SAME AUTHOR



DR. A. HILLARY STEINHART, MD, MSc, FRCPC(C), is the Medical Director of the Mount Sinai Hospital IBD Centre. He is also a Professor in the Department of Medicine at the University of Toronto.