

Features the
NEW
CDA Beyond
the Basics
Meal Planning
Guide



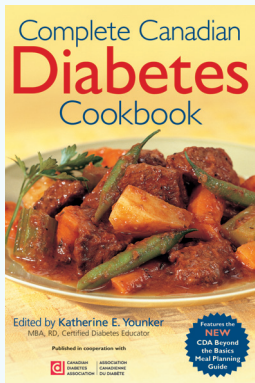
Canada's Best Cookbook for Kids with Diabetes

This cookbook will help parents of children with diabetes. How? By providing delicious and nutritious kid-friendly food the whole family can enjoy. More than 125 diabetes-suitable recipes are featured *based on the new CDA meal planning system*. These tasty and fun recipes deliver the diet regime children with diabetes require without making them feel deprived or left out.

Create these tasty, family-friendly recipes: Happy Face Pancakes, Quick Quesadillas, Chili Burgers, Oven-Baked Crispy Chicken, Lasagna Roll-ups, Caesar Salad, Guacamole Nachos, Teriyaki Pork Chops with Apple Slices, Hot Dog Kabobs, Crispy Granola Squares, Chocolate Chip Cookies, Banana Bread, Ice Cream Fantasy Cake, Frosty Strawberry Shake, Oatmeal Crunchies.



Also Available



- Kid-friendly food that meets the requirements of diabetes management
- More than 125 diabetes-suitable recipes for everything from breakfasts and after-school snacks to main meals and desserts
- Comprehensive diabetes management advice for parents

COLLEEN BARTLEY's teenage daughter has diabetes. While running a catering business, Colleen came up with the idea of a cookbook for kids with diabetes. With input from a dietitian, as well as from her daughter, she has combined her love of cooking with her practical experience in preparing meals for the family.

DIABETES NUTRITIONAL CONSULTANTS

- **DOREEN YASUI**, RD, CDE
Introduction and nutritional review
- **KELLY GREBENC-RUKAVINA**, RD, CDE
Nutritional review
- **KATHERINE E. YOUNKER**, MBA, RD, CDE
Nutritional review

\$18.95 USA
\$19.95 CAN

Published in cooperation with



Robert
ROSE

ISBN 0-7788-0107-1



COLLEEN BARTLEY

Canada's Best Cookbook for Kids with Diabetes

Robert
ROSE

Canada's Best Cookbook *for* Kids with Diabetes



Features the
NEW
CDA Beyond
the Basics
Meal Planning
Guide

Colleen Bartley
Introduction by
Doreen Yasui, RD, CDE

Published in cooperation with

