



Life is filled with countless little pleasures — crispy, crunchy fried food is certainly one of them.



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CAMILLA V. SAULSBURY is the author of more than 20 cookbooks and is a freelance food writer, recipe developer, long-distance runner and creator of the healthy cooking blog *powerhungry.com*. She's been featured on *Good Morning America*, *Today* and the *Food Network*, and in *The New York Times*.

5-INGREDIENT AIR FRYER RECIPES

Thanks to the home air fryer, you can enjoy your favorite fried foods with just a fraction of the fat and calories and none of the messy cleanup. And now you can prepare your favorite fried foods (and so much more) quickly, with just a small number of familiar ingredients and minimal preparation. If that sounds too good to be true, think again, because the recipes are in your hands and are yours for the making. These creative recipes, which have been designed exclusively for the air fryer, contain five ingredients or less, can be prepared quickly and are downright delectable.

..... MOUTHWATERING RECIPES INCLUDE:

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