



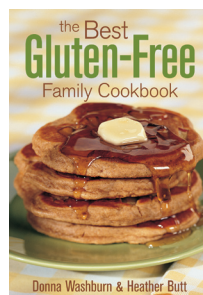
250 Gluten-Free favorites

Imagine being able to once again enjoy your favorite foods. Now you can, because Donna and Heather have successfully adapted these recipes to make them gluten-free. Discover tasty and innovative ideas for everything from baked goods, pasta dishes, appetizers and family meals to mouth-watering desserts. As a bonus, many of the recipes are dairy-free, egg-free and white sugar-free.



An “Understanding Whole Grains” section provides comprehensive information on gluten-free grains, from details of their appearance, flavor and texture to suggestions on how to use them and instructions on how to store them

- Features an overview of egg-free and lactose-free substitutes
- Includes two chapters on gluten-free bread baking, with detailed directions for both bread machines and the mixer method



By the same authors

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& Heather Butt

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Includes
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and White Sugar-Free Recipes

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