



Sunny Subramanian

# THE COMPASSIONATE CHICK'S GUIDE to DIY BEAUTY

Want to look gorgeous without Mama Earth or animals paying the price? Well, now you can, with this go-to resource for making lush, yummy beauty products from scratch in your own kitchen. Part DIY vegan beauty how-to and part self-improvement manifesto, this book will show you how to whip up luxurious, cruelty-free (and gluten-free) makeup, skin and hair products with natural ingredients for just pennies per treatment. The recipes are super fun and convenient; plus, they give you complete control over what goes on your skin: only the purest ingredients with no nasty chemicals, additives or preservatives.



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**Robert ROSE**



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Whether you jump right into the recipes or begin with the basics, you'll look and feel amazing while doing your part to help end animal cruelty. From luscious lipsticks to soothing cleansers, this book has the recipes you need to be a true natural beauty. Now let's get started!



**SUNNY SUBRAMANIAN** was the first vegan beauty blogger to hit the scene, in 2007. Her website, *Vegan Beauty Review*, covers the latest and greatest cruelty-free beauty products, fashion, food and everything in between. A vegan since 2000, she wants to show that cruelty-free living is fun, beautiful and delicious.

**CHRISTLE FIEDLER** specializes in writing books and magazine articles about natural remedies, alternative health and healing, and holistic living.

Sunny Subramanian  
& Chrystle Fiedler

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**125 RECIPES** for Vegan, Gluten-Free, Cruelty-Free Makeup, Skin & Hair Products



**Sunny Subramanian**  
veganbeautyreview.com  
& **Chrystle Fiedler**