

# The Cancer Fighting Diet

Diet and Nutrition Strategies to Help Weaken  
Cancer Cells and Improve Treatment Results

Diet can play a pivotal role in the effectiveness of cancer therapy. By changing your diet before you undertake treatment, you can alter the metabolism of your cancer cells, making radiation and chemotherapy more effective. This dramatically improves your chances of achieving a full recovery and regaining a healthy, happy life.

## DR. JOHANNES F. COY

is a biologist and cancer researcher who discovered the TKTL1 metabolism route while working at the renowned German Cancer Research Center in Heidelberg, Germany. He then founded a pharmaceutical company and two diagnostic companies in order to develop new cancer therapies and tests.

**MAREN FRANZ** has a degree in pharmaceutical studies and journalism. She has written several books on health and nutrition. Having overcome cancer herself, she is particularly passionate about this cancer-fighting approach.

Imagine there was a way you could actively support your cancer treatment. Imagine there was a book that could not only give you basic information about the disease, but also provide detailed advice and a diet plan that would help you fight — and significantly increase your chances of winning — your personal battle against cancer. That book is now a reality, and you're holding it in your hands.

Inside, you'll learn about the TKTL1 cancer metabolism and why carbohydrates can fuel cancer cells. Then, you'll discover how you can deprive them of this food and help make radiation and chemotherapy more effective. You'll also find out why significantly reducing your carbohydrate intake and making sensible, easy-to-follow lifestyle changes are the right strategy after treatment to ensure continued good health.

### Discover the Tools You Need to Actively Fight Cancer

A detailed, helpful mix of information and recipes, designed to help you fight back while enjoying life to the fullest.

#### Part 1

Cancer Basics and Strategies for Healing

#### Part 2

The Principles of the Cancer-Fighting Diet and Lifestyle

#### Part 3

The Healthy Cancer-Fighting Kitchen

#### Part 4

Recipes: Breakfasts, Lunches, Dinners, Snacks — and Even Desserts!

\$24.95 USA  
\$24.95 CAN

Robert  
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ISBN 978-0-7788-0508-3



9 780778 805083

PRINTED IN USA

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Includes 150 Recipes

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