

# Better Food for Dogs



People want their dogs to have happy, healthy and long lives, and providing them with nutritious food is an important step toward achieving this goal. The problem is, most of us aren't nutritionists, and there are so many conflicting opinions about dogs' dietary needs that feeding your dog can become an overwhelming challenge. *Better Food for Dogs* is an invaluable reference that will guide you through this nutritional puzzle, giving you all the information — complete with tasty recipes, tested and approved by dogs — you need to feed your dog a natural, home-prepared diet, one of the best investments you can make in his or her health.

- Recipes for everything from basic, everyday meals to gourmet dinners
- Special cookie treats
- Myths about dogs and people food
- The best sources of nutrients for your dog
- User-friendly charts
- Tips on how to identify good-quality processed foods
- Information on the problems associated with low-quality diets

**Here are just some of the easy-to-prepare recipes:** *Breakfast Burrito, Blueberry Banana Biscotti, Turkey and Rice, Lamb Souvlaki in a Pita, Stir-Fried Ginger Beef with Greens, Barbecued Hamburgers, Salmon and Dill Pasta, Basil Chicken and Vegetable Pasta, Chicken Fried Rice*

**Dr. Grant Nixon, D.V.M.**, has been practicing compassionate veterinary medicine for over two decades. He has a keen interest in nutrition and natural diets, and the role they play in the health and well-being of his clients.

**David Bastin and Jennifer Ashton** put their extensive knowledge about canine nutrition to good use as the former proprietors of a bakery for dogs.



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BASTIN, ASHTON  
and NIXON, D.V.M.

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**A complete cookbook & nutrition guide**

DAVID BASTIN, JENNIFER ASHTON  
and DR. GRANT NIXON, D.V.M.

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