

Includes cooking charts and instructions for various rices, grains and legumes

Rice is just the beginning! You'll also discover tantalizing recipes for a range of healthy grains and legumes, including:

 barley 	 polenta
 quinoa 	 lentils
• oats	 black beans
 COUSCOUS 	 chickpeas

Also included is an entire chapter on Steam Cuisine, to help you create homemade dim sum favorites and more.

Katie Chin is passionate about food, especially Pan-Asian cuisine. She is a private chef, food consultant and spokesperson, television personality and cookbook author. In her spare time, she loves to throw karaokethemed dinner parties.

300 Best Rice Cooker Recipes

Also Including Legumes and Whole Grains

A rice cooker is one of the most versatile and useful tools in any modern cook's kitchen it's like a fast slow cooker, allowing you to make tasty one-dish meals for every occasion, from heavenly risottos (without the constant stirring!) and hearty stews to perfect pilafs, polenta and creamy oatmeal. Not only will it save you time, effort and cleanup, but it will also help you integrate delicious whole grains and legumes into your diet. Inspired by flavors from around the corner and around the world, these fantastic recipes offer something for everyone.



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300

Best Rice

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