

## BEST OF BRIDGE

Perfect Recipes for One Pot, Pan or Skillet by Sylvia Kong and Emily Richards On sale October 10, 2023 9780778807124 / 0778807126 \$29.95 US / \$34.95 CAD 105 Recipes | 80+ Photos |Hardcover |7.75" x 10.5"

## BEST OF BRIDGE: CANADA'S MOST TRUSTED COOKBOOK BRAND ACES THE ONE POT CHALLENGE

Generations of home cooks have come to trust Best of Bridge for their family-friendly, easy-to-prepare meals. This allnew collection includes 105 recipes perfected for preparing in one pot, pan, sheet pan, skillet or bowl. After almost 50 years and 4 million books, who better than Best of Bridge to create the ultimate book of one pot recipes? Their recipes are always budget conscious and include ingredients you can find at any grocery store, so you don't have to break the bank to eat the good food you and your family deserve. Best of Bridge Done in One will have you sharing memories and living large all without creating a chaotic mess of a kitchen.

## Key Takeaways:

- The recipes in this book are cooked using one skillet, sheet pan, stock pot, casserole dish, Dutch oven, Instant Pot or slow cooker.
- The recipes have also been developed to use minimal equipment, which mean less clean up and is also good news for those with compact kitchens.
- With the continued rising cost of food, the popularity of one pot cookbooks continues to grow.
- Best of Bridge is Canada's most trusted cookbook brand, known for their clear, easy-to-follow and always reliable recipes.
- This book includes some popular Best of Bridge retro favorites that have been updated for one pot. for example: *Instant Pot Best of Bridge Hamburger Soup* and *No-Bake Biscoff Icebox Cake*.
- Family focused recipes that are affordable and easy to prepare.
- This is the second Best of Bridge book with the new contemporary design: Hardcover with full-color photography throughout. (Previously Hardcover Wiro with photography inserts).
- Best of Bridge collected backlist has sold more than 4 million units.
- 80+ full color original photographs.
- 105 recipes.
- Recipe Icons.
- Vegan and Gluten-free options.

## About the Authors:

**Emily Richards** PHEc, is a cookbook author, recipe developer, chef and professional home economist. She lives in Guelph, Ontario.

**Sylvia Kong** is a food stylist, home economist and cookbook author at Savory Palate Consulting. She lives in Calgary, Alberta.

This is their sixth Best of Bridge book.

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